Program

6th International Symposium for Japanese Kampo Medicine (ISJKM)
-Kampo in Modern Health Care-
Sept. 22-23, 2023
Christ Church College, University of Oxford, United Kingdom

Friday, September 22, 2023

11:00  Get together and Registration

12:00-13:00  Lunch

13:00-13:20  Welcome Addresses
Silke Cameron, President of ISJKM, Germany
Gretchen De Soriano, Symposium Host, United Kingdom

Greeting Remarks
Kazuo Mitani, President, The Japan Society for Oriental Medicine (JSOM), Japan
Elisabeth Hsu, Professor of Medical Anthropology, University of Oxford, United Kingdom

Session A: Kampo International, Education and Public Outreach

Michael Heinrich; UCL School of Pharmacy, London, UK, and China Medical University, Taichung, Taiwan

13:40-14:00  Herbal Medicine in Germany: Where do we stand?
Jost Langhorst; Clinic for Integrative Medicine, Sozialstiftung Bamberg, and Department for Integrative Medicine, University of Duisburg-Essen, Germany

14:00-14:12  Standardization of Pre-Graduate Curriculum in Kampo Medical Education: Establishment of the Japan Council for Kampo Medical Education and Standard Lecture on Kampo Medicine
Shin Takayama¹, J Sato, M Amitani, N Iizuka, T Ishigami, T Matsuda⁶, the Japan Council for Kampo Medical Education (JCKME); ¹Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

14:12-14:24  Implementation of a novel ambulatory system integrating Kampo medicine at a general hospital in Japan – a retrospective cohort study
Arisa Hakariya¹,², B Primrose Gladstone, S Yamashita, Y Osada; ¹General Hospital Minami Seikyo, Aichi, Japan; ²University Hospital Tübingen, Tübingen, Germany

14:24-14:36  Development of a beginner course in the Kampo e-learning program: evaluation for medical students
Aki Ito¹, K Watanabe², Y Fukuzawa, K Mitani, S Fujimoto, T Matsuda, K Sugiyama, K Kitamura, N Ban; ¹Kampo & Wakanyaku Medical Research Center, Yokohama University of Pharmacy, Kanagawa; ²Kampo e-learning Committee, Japan
14:36-14:48  Development of Evaluation Methods in Kampo Medicine Education
Marie Amitani, S Takayama, J Sato, N Iizuka, T Ishigami, T Matsuda, The Japan Council for Kampo Medical Education (JCKME); ¹Department of Community-Based Medicine, Kagoshima University Graduate School of Medical and Dental Sciences, Japan

14:48-15:00  ME-BYO Concept (healthy living and aging) in Kampo Consultation
Kenji Watanabe; Otsuka Kampo Clinic, Tokyo, and Yokohama University of Pharmacy, Kanagawa, Japan

Afternoon Coffee Break from 15:00 to 15:30

Session B: Historical Aspects

15:30-15:45  Fukushin as a Japanese Innovation, a Graphic Analysis of Illustrated Work
Gretchen De Soriano; Medical Anthropology, University of Oxford, UK

15:45-16:00  Three Letters from a Lord to his Physicians: Masamune DATE’s Expertise Level of Traditional Medicine and Overview of the History of Japanese Medicine in the 16-17th Centuries
Kazunari Ozaki, M Kageyama, N Ito, and Y Nakamura; ¹Department of Geriatric Medicine, Itami City Hospital, Itami, Japan

16:00-16:15  The history of European Herbal Medicine in Japan and its influence on Kampo
Kenny Kuchta, S Cameron; ¹Albrecht von Haller Institute of Plant Sciences, University of Göttingen, Germany

16:15-16:30  Asian Traditional Medicine Structure from Systems Biology
Denichiro Yamaoka, T Terano, T Utsunomiya, S Hyodo, Y Matsumoto, K Tsuruta; ¹Ehime Prefectural Central Hospital; ²Matsuyama Kinen Hospital, Matsuyama, Japan

Parallel Poster Session IА (Entrance Area) and IВ (Blue Room): 16:30-17:30

17:30-18:30  General Meeting of ISJKM Members

19:00  Dinner in The Hall
       Music: The Oxford Trobadors
Saturday, September 23, 2023

Session C: Pharmacobotany and Basic Research

9:00-9:15 Ensuring Quality and Safety in Traditional Asian Herbal Medicine: A Comprehensive Approach  
Thomas Friedemann; ConphyMed GmbH, at the Medical University Center, Hamburg, Germany, with an Introduction by Ulrich Eberhard, Madrid, Spain

9:15-9:30 Difficulties of Dealing with Medicinal Plant Names Mentioned in Medical Classics - in case of Artemisia annua with Qinghao  
Teruyuki Kubo; Yokohama College of Commerce, Yokohama, Japan, and Institute of Bencao Gangmu, Beijing University of Chinese Medicine

9:30-9:45 Treating Pruritus Due to Eczema with Kampo Treatment: A Prospective Pre-Post Comparison Case Series  
Tetsuhiro Yoshino, Y Horiba, M Mimura, K Watanabe; Center for Kampo Medicine, Keio University School of Medicine, Tokyo, Japan

9:45-10:00 Inhibitory effect of kakkonto on cytokine production in rhinovirus infection in human nasal mucosal epithelial primary culture cells  
Natsumi Saito, A Kikuchi, M Yamaya, X Deng, M Sugawara, S Takayama, R Nagatomi, T Ishii; Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

10:00-10:15 Effect of the standardized Japanese Kampo Extract Juzentaihoto on the Tumor microenvironment in a Pancreatic cancer mouse model- a comparison to Gemcitabine.  
Paulina Siebel, J Napp, K Kuchta, H Rausch, V Ellenrieder, S Cameron; Clinic for Gastroenterology and GI Oncology, University Medicine Göttingen, Germany.

10:15-10:30 Eppikajutsuto attenuates neuropathic pain in a mouse model  
Nanoha Sato¹, K Ogawa-Ochiai², N Kwankaew, T Ishikawa, K Hori, M Zuka, H Okuda, N Ozaki; ¹Graduate School of Medical Science, Kanazawa University, ²Hiroshima University, Japan

Morning Coffee Break from 10:30 to 11:00
Session D: Clinical Experience and Research

Kampo in Gastroenterology and Oncology

11:00-11:15  Kampo medicine improves abdominal symptoms in patients with diarrhea-predominant irritable bowel syndrome with the dynamic alternation of gut microbiome composition: A prospective interventional trial
Ryutaro Arita, S Takayama, T Tamahara, Y Aoki, S Kaneko, A Kikuchi, J Kawashima, Y Kasahara, K Ishizawa, R Shimizu, T Ishii; Tohoku University, Sendai, Japan

11:15-11:30  Improvement of gastrointestinal symptoms and quality of life by the rikkunshito extract product Yamato®Gast: Results of a prospective non-interventional study in Germany
Heidrun Reißenweber-Hewel1, C Pehl, S Cameron, J Thomsen, K Röschmann-Doose; 1Outpatient Clinic for Internal Medicine, Gastroenterology and Japanese Medicine, Gräfelfing/München, Germany

11:30-11:45  Ninjin’yoeito for supportive care for patients with colorectal cancer: A randomized controlled trial (NYX)
Yoshiharu Motoo, Komatsu Sophia Hospital, Ishikawa, Japan

11:45-12:00 A Study on the Efficacy of Ninjinyoeito for Oral Frailty
Keiko Ogawa-Ochiai1, H Li, N Trung, L Lian, A Shirai, T Yoshizaki; 1Kampo Clinical Center, Hiroshima University Hospital, Hiroshima, Japan

Lunch Break from 12:00 to 13:00

Kampo and Covid-19

13:00-13:15  Changing Strategy in Kampo Medicine Saved the Patients with Severe COVID-19 Pneumonia according to Changes of Pathophysiology caused by Genomic Changes of Circulating Viral Strains from the 1st to 6th Wave of COVID-19 Epidemic in Osaka, Japan
Ryuichi Uchida1, S Ahmed; 1Matsubara Tokushukai Hospital, Osaka, Japan

Akihiro Kawahara, K Ogawa; Department of Kampo Clinical Center, Hiroshima University Hospital, Japan

Kanako Maki1, S Imai, M Murai, M Takeda, K Nakajima, S Tagaki, A Tsuchida; 1Division of Respiratory Medicine, Sapporo Minami-Ichijo Hospital, Sapporo, Japan

13:45-14:00  Two cases of Long COVID whose symptoms were significantly improved by long-term Kampo medicine treatment
Takaaki Katsurai1,2, T Hoshino, T Hanawa; 1Department of Internal Medicine (Kampo), St. Marianna University Hospital. 2Kitasato University, Oriental Medicine Treatment Center, Tokyo, Japan
Kampo in Gynaecology and Emotional Disorders

14:00-14:15  *Kamikihito*, a Kampo Medicine, Improves Behavioural and Psychological Symptoms of Dementia and Positive Emotions in Patients
Tatsuya Nogami¹, K Iwasaki, H Kimura, T Higashi, M Arai, JP Butler, M Fujii, H Sasaki;
¹Department of Kampo Medicine, Tokai University School of Medicine, Tokyo, Japan

14:15-14:30  Efficacy of the Combination *Ninjinyoeito*, a Japanese Kampo Medicine, and Iron Supplements for Treating Anaemia in Pregnant Women
Nao Kato¹, J Sato, Y Hattori, C Takahashi, K Sakai; ¹Department of Obstetrics and Gynecology, Daido Hospital, Nagoya, Japan

*Afternoon Coffee Break from 14:30 to 15:00*

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**Parallel Poster Session IIA (Entrance Area) and IIB (Blue Room): 15:00-15:50**

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**Special Lecture**

16:00-16:45  Dance to the Tune of Life: Biological Relativity and why it matters to Kampo medical research
Denis Noble, Physiology, Anatomy & Genetics, University of Oxford, United Kingdom

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**Farewell Address**

16:45-17:00  Farewell Addresses and Announcements

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18:00  *Bus Transfer to Dinner location*

18:30  *Dinner at The Cherwell Boathouse*
      *Music by Franklin’s Tower, Oxford*

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**Optional Cultural Program:**

- Tour Christ Church College: Friday morning 10 a.m.
- Punting on the river Cherwell: Saturday before dinner, at request
- Botanical Garden tour: Sunday morning 10 a.m.
- Tour Oxford including Bodleian Library: at request
Poster Presentations:

**Poster Session IA** (Entrance Area): Friday, Sept. 22: 16:30 – 17:30

**P1:** Use of Kampo medicines in modern health care: Analysis with “Yasui Classification”
Yoshiharu Motoo¹, Hiromichi Yasui²; ¹Kanazawa Medical University/ Komatsu Sophia Hospital, Ishikawa, ²Japan Institute of TCM Research, Nagoya, Japan

**P2:** Kampo in the primary care of a European country (Austria)
Bernd Kostner, Leonard Kostner; Oriental Medical Practice, Vienna; Clinic for General medicine, Höflein, Austria

**P3:** Pharmacovigilance study of Kampo formula-induced pseudoaldosteronism using a Japanese self-reporting database
Kazushi Uneda¹, A Kaneko, T Kayo, S Akiba, M Suzuki, T Mitsuma; ¹Department of Kampo Medicine, Aizu Medical Center, Fukushima Medical University, Aizuwakamatsu, Japan

**P4:** Model of muscle cramp and its reversal by Kampo Medication
Denis Noble, Physiology, Anatomy & Genetics, Oxford University, UK

**P5:** Phytotherapy in bacterial infection: Antibacterial and immunomodulatory effects of the Kampo formulation Hainosankyuto (HSK)
Corinna Duck¹, K Kuchta, S Cameron, E Bergmeier, R Nau, H Rausch, J Seele; ¹Institute for Neuropathology, University Medicine Göttingen (UMG), Germany

**P6:** Fluid retention is strongly associated with multiple chemical sensitivity (MCS)
Minoru Ohsawa¹, S Takayama, A Kikuchi, R Arita, N Saito, M Shimizu, and T Ishii; ¹Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

**Poster Session IB** (Blue Room): Friday, Sept. 22: 16:30 – 17:30

**P7:** A case of successful treatment of COVID-19 pneumonia in an elderly patient with the herbal medicine saikanto
Takeshi Utsunomiya¹, D Yamaoka, Y Terano, S Hyodo, Y Matsumoto, T Asakawa, N Kuromitsu, K Sogabe, S Inaba, Y Mizumoto, E Ishii, Y Takada; ¹Department of Gastroenterological Surgery, Ehime Prefectural Central Hospital, Ehime, Japan

**P8:** A case of retained placenta with good outcome after adding Hochuekkito to Keishibukuryogan
Kenta Yamamoto¹, A Shiota, K Kananishi; ¹Department of Perinatology and Gynecology, Faculty of Medicine, Kagawa University, Takamatsu, Japan

**P9:** A female patient who had been taking analgesics for a long time successfully stopped taking painkillers after treatment with Keishikajutsubuto for one week. A Case Report.
Yukiko Mori, T Hoshino, T Hanawa; Kitasato University, Oriental Medicine Therapy Center, Tokyo, Matsumoto Reproductive Office, Tokyo, Japan

**P10:** Hyperhidrosis in a Diabetic Patient dramatically improved with Decoction instead of Herbal Extract: A Case Report
Takuya Masuda; Division of General Internal Medicine & Rheumatology, Mitsui Memorial Hospital, Tokyo, Department of Traditional Medicine, Toho University, Tokyo Japan

**P11:** A relationship between cold hypersensitivity and genetic polymorphism: an exploratory observational study
Xuefeng Wu, T Yoshino, A Maeda-Minami, S Ishida, M Tanaka, A Nishi, R Inami, Y Tahara, A Sugiyama, Y Horiba, K Watanabe, M Mimura; Center for Kampo Medicine, Keio University School of Medicine, Tokyo, Japan
P12:  Should *Kakkonto* be taken with porridge?  
Takanori Matsuoka, I Abe, K Nagatsuka, K Okumura; Public Interest Incorporated Foundation Kenikai, Kochi Central Clinic, Department of Traditional Medicine, Toho University, Tokyo, Japan

**Poster Session II A (Entrance Area):** Saturday, Sept. 23: 15:00–15:50

P13:  Japanese Clinical pearls concerning *Goshakusan*  
Masao Ogawa, H Itakura, K Ogawa-Ochiai; Departement of Anesthesiology & Intensive Care Medicine, Kanazawa University, Japan

P14:  Exploratory study of clinical effectiveness and safety of Kampo medicine, *bukuryoin-go-hangekobokuto* (TJ-116) for anxiety and postoperative water brash in patients with esophageal cancer  
Tadashi Ishii, R Arita, S Takayama, H Okamoto, K Koseki, Y Taniyama, S Kaneko, R Ono, S Suzuki, T Kamei; Dep. of Kampo Medicine, Tohoku Univ. School of Medicine, Sendai, Japan

P15:  Accuracy of *Kuketsu* (traditional key of treatment) of *Boiogito*  
Mitsuyuki Takamura; Center for Kampo Medicine of Mie University Hospital, Mie, Japan

P16:  Comparison of sitting and supine positions on tongue color as measured by Tongue Image Analyzing System  
Aya Murakami, A Morita, Y Watanabe, T Nakaguchi, S Ochi, T Namiki; Center for Pharmaceutical Education, Yokohama University of Pharmacy, Yokohama, Japan

P17:  Challenges of devices used in diagnosis of Kampo Medicine outside Japan  
Kazusei Akiyama; Consultório Kazusei Akiyama, São Paulo, Brazil

**Poster Session II B (Blue Room):** Saturday, Sept. 23: 15:00–15:50

P18:  A demonstration of *Fukushin Kata* 腹診型– A new proposal for the technique and sequencing of the Edo abdominal exam in Kampo  
Nigel Dawes, New York Kampo Institute; Dept. Special Studies in Symptom Management, New York University, USA

P19:  Exploring the Poetry of Kampo  
Shaun Sutton; Clinic for Traditional East Asian Medicine, Baden-Baden, Germany

P20:  Acupuncture alone and combination therapy with acupuncture and Kampo formulas are effective for the management of leg edema  
Toshihito Tsubo, M Tanno, T Mitsuma; Department of Kampo Medicine, Aomori Jikeikai Hospital, Aomori, Japan

P21:  A Study of *Shoni-hari* (Shonishin) Treatment for Children with Developmental Disabilities  
Rie Nishimura, S Kamiichi, E Inoue, T Osaki; Society for Study of Shonihari, Hyogo College of Medicine, Nishinomiya, Japan

P22:  Effect of Kampo and Moxibustion on dysuria post BCG infusion therapy in Bladder Cancer  
Yuko Matsumoto, D Yamaoka; Good Life Hospital, Department of Urology, Hiroshima, Japan