

6th International Symposium for Japanese Kampo Medicine (ISJKM) - Kampo in Modern Health Care -

Friday, Sept. 22 to Saturday, Sept. 23, 2023

Christ Church College, University of Oxford, United Kingdom

- Friday, September 22, 2023 -

11:00 ***Get together and Registration***

12:00-13:00 ***Lunch***

13:00-13:20 **Welcome Addresses**

Silke Cameron, President of ISJKM, Germany

Gretchen De Soriano, Symposium Host, United Kingdom

Greeting Remarks

Kazuo Mitani, President, The Japan Society for Oriental Medicine (JSOM), Japan

Elisabeth Hsu, Professor of Medical Anthropology, University of Oxford, United Kingdom

Session A: Kampo International, Education and Public Outreach

13:20-13:40 **Pharmacognosy and Phytotherapy, State-of-the-Art.**

Michael Heinrich; UCL School of Pharmacy, London, UK, and China Medical University, Taichung, Taiwan

13:40-14:00 **Herbal Medicine in Germany: Where do we stand?**

Jost Langhorst; Clinic for Integrative Medicine, Sozialstiftung Bamberg, and Department for Integrative Medicine, University of Duisburg-Essen, Germany

14:00-14:12 **Standardization of Pre-Graduate Curriculum in Kampo Medical Education: Establishment of the Japan Council for Kampo Medical Education and Standard Lecture on Kampo Medicine**

Shin Takayama¹, J Sato, M Amitani, N Iizuka, T Ishigami, T Matsuda⁶, the Japan Council for Kampo Medical Education (JCKME); ¹Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

14:12-14:24 **Implementation of a novel ambulatory system integrating Kampo medicine at a general hospital in Japan – a retrospective cohort study**

Arisa Hakariya^{1,2}, B Primrose Gladstone, S Yamashita, Y Osada; ¹General Hospital Minami Seikyo, Aichi, Japan; ²University Hospital Tübingen, Tübingen, Germany

14:24-14:36 **Development of a beginner course in the Kampo e-learning program: evaluation for medical students**

Aki Ito¹, K Watanabe², Y Fukuzawa, K Mitani, S Fujimoto, T Matsuda, K Sugiyama, K Kitamura, N Ban; ¹Kampo & Wakanyaku Medical Research Center, Yokohama University of Pharmacy, Kanagawa; ²Kampo e-learning Committee, Japan

- 14:36-14:48** **Development of Evaluation Methods in Kampo Medicine Education**
Marie Amitani¹, S Takayama, J Sato, N Iizuka, T Ishigami, T Matsuda, The Japan Council for Kampo Medical Education (JCKME); ¹Department of Community-Based Medicine, Kagoshima University Graduate School of Medical and Dental Sciences, Japan
- 14:48-15:00** **ME-BYO Concept (healthy living and aging) in Kampo Consultation**
Kenji Watanabe; Otsuka Kampo Clinic, Tokyo, and Yokohama University of Pharmacy, Kanagawa, Japan

Afternoon Coffee Break from 15:00 to 15:30

Session B: Historical Aspects

- 15:30-15:45** ***Fukushin* as a Japanese Innovation, a Graphic Analysis of Illustrated Work**
Gretchen De Soriano; Medical Anthropology, University of Oxford, UK
- 15:45-16:00** **Three Letters from a Lord to his Physicians: Masamune DATE's Expertise Level of Traditional Medicine and Overview of the History of Japanese Medicine in the 16-17th Centuries**
Kazunari Ozaki¹, M Kageyama, N Ito, and Y Nakamura; ¹Department of Geriatric Medicine, Itami City Hospital, Itami, Japan
- 16:00-16:15** **The history of European Herbal Medicine in Japan and its influence on Kampo**
Kenny Kuchta¹, S Cameron; ¹Albrecht von Haller Institute of Plant Sciences, University of Göttingen, Germany
- 16:15-16:30** **Asian Traditional Medicine Structure from Systems Biology**
Denichiro Yamaoka^{1,2}, T Terano, T Utsunomiya, S Hyodo, Y Matsumoto, K Tsuruta; ¹Ehime Prefectural Central Hospital; ²Matsuyama Kinen Hospital, Matsuyama, Japan

Parallel Poster Session IA (*Entrance Area*) **and IB** (*Blue Room*): **16:30-17:30**

17:30-18:30 **General Meeting of ISJKM Members**

19:00 ***Dinner in The Hall***
 Music: The Oxford Trobadors

- Saturday, September 23, 2023 -

Session C: Pharmacobotany and Basic Research

- 9:00-9:15** **Ensuring Quality and Safety in Traditional Asian Herbal Medicine: A Comprehensive Approach**
Thomas Friedemann; ConphyMed GmbH, at the Medical University Center, Hamburg, Germany, with an Introduction by Ulrich Eberhard, Madrid, Spain
- 9:15-9:30** **Difficulties of Dealing with Medicinal Plant Names Mentioned in Medical Classics - in case of *Artemisia annua* with *Qinghao***
Teruyuki Kubo; Yokohama College of Commerce, Yokohama, Japan, and Institute of Bencao Gangmu, Beijing University of Chinese Medicine
- 9:30-9:45** **Treating Pruritus Due to Eczema with Kampo Treatment: A Prospective Pre-Post Comparison Case Series**
Tetsuhiro Yoshino, Y Horiba, M Mimura, K Watanabe; Center for Kampo Medicine, Keio University School of Medicine, Tokyo, Japan
- 9:45-10:00** **Inhibitory effect of *kakkonto* on cytokine production in rhinovirus infection in human nasal mucosal epithelial primary culture cells**
Natsumi Saito, A Kikuchi, M Yamaya, X Deng, M Sugawara, S Takayama, R Nagatomi, T Ishii; Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan
- 10:00-10:15** **Effect of the standardized Japanese Kampo Extract *Juzentaihoto* on the tumor microenvironment in a pancreatic cancer mouse model- a comparison to gemcitabine.**
Paulina Siebel, J Napp, K Kuchta, H Rausch, V Ellenrieder, S Cameron; Clinic for Gastroenterology and GI Oncology, University Medicine Göttingen, Germany.
- 10:15-10:30** ***Eppikajutsuto* attenuates neuropathic pain in a mouse model**
Nanoha Sato¹, K Ogawa-Ochiai², N Kwankaew, T Ishikawa, K Hori, M Zuka, H Okuda, N Ozaki; ¹Graduate School of Medical Science, Kanazawa University, ²Hiroshima University, Japan

Morning Coffee Break from 10:30 to 11:00

Session D: Clinical Experience and Research

Kampo in Gastroenterology and Oncology

- 11:00-11:15** **Kampo medicine improves abdominal symptoms in patients with diarrhea-predominant irritable bowel syndrome with the dynamic alternation of gut microbiome composition: A prospective interventional trial**
Ryutaro Arita, S Takayama, T Tamahara, Y Aoki, S Kaneko, A Kikuchi, J Kawashima, Y Kasahara, K Ishizawa, R Shimizu, T Ishii; Tohoku University, Sendai, Japan
- 11:15-11:30** **Improvement of gastrointestinal symptoms and quality of life by the *rikkunshito* extract product Yamato®Gast: Results of a prospective non-interventional study in Germany**
Heidrun Reißerweber-Hewel¹, C Pehl, S Cameron, J Thomsen, K Röschmann-Doose; ¹Outpatient Clinic for Internal Medicine, Gastroenterology and Japanese Medicine, Gräfelfing / München, Germany
- 11:30-11:45** ***Ninjin'yoeito* for supportive care for patients with colorectal cancer: A randomized controlled trial (NYX)**
Yoshiharu Motoo, Komatsu Sophia Hospital, Ishikawa, Japan
- 11:45-12:00** **A Study on the Efficacy of *Ninjin'yoeito* for Oral Frailty**
Keiko Ogawa-Ochiai¹, H Li, N Trung, L Lian, A Shirai, T Yoshizaki; ¹Kampo Clinical Center, Hiroshima University Hospital, Hiroshima, Japan

Lunch Break from 12:00 to 13:00

Kampo and Covid-19

- 13:00-13:15** **Changing Strategy in Kampo Medicine Saved the Patients with Severe COVID-19 Pneumonia according to Changes of Pathophysiology caused by Genomic Changes of Circulating Viral Strains from the 1st to 6th Wave of COVID-19 Epidemic in Osaka, Japan**
Ryuichi Uchida¹, S Ahmed; ¹Matsubara Tokushukai Hospital, Osaka, Japan
- 13:15-13:30** ***Jidabokuippo* for SIVRA after vaccination of Covid-19**
Akihiro Kawahara, K Ogawa; Department of Kampo Clinical Center, Hiroshima University Hospital, Japan
- 13:30-13:45** **Successful treatment of Various Symptoms in Two Cases of Post-Coronavirus Disease 2019 (COVID-19) using Kampo Therapy**
Kanako Maki¹, S Imai, M Murai, M Takeda, K Nakajima, S Tagaki, A Tsuchida; ¹Division of Respiratory Medicine, Sapporo Minami-Ichijo Hospital, Sapporo, Japan
- 13:45-14:00** **Two cases of Long COVID whose symptoms were significantly improved by long-term Kampo medicine treatment**
Takaaki Katsurai^{1,2}, T Hoshino, T Hanawa; ¹Department of Internal Medicine (Kampo), St. Marianna University Hospital. ²Kitasato University, Oriental Medicine Treatment Center, Tokyo, Japan

Kampo in Gynaecology and Emotional Disorders

14:00-14:15 ***Kamikihito*, a Kampo Medicine Improves Behavioural and Psychological Symptoms of Dementia and Positive Emotions in Patients**

Tatsuya Nogami¹, K Iwasaki, H Kimura, T Higashi, M Arai, JP Butler, M Fujii, H Sasaki;
¹Department of Kampo Medicine, Tokai University School of Medicine, Tokyo, Japan

14:15-14:30 **Efficacy of the Combination *Ninjin'yoeito*, a Japanese Kampo Medicine, and Iron Supplements for Treating Anaemia in Pregnant Women**

Nao Kato¹, J Sato, Y Hattori, C Takahashi, K Sakai; ¹Department of Obstetrics and Gynecology, Daido Hospital, Nagoya, Japan

Afternoon Coffee Break from 14:30 to 15:00

Parallel Poster Session IIA (*Entrance Area*) **and IIB** (*Blue Room*): **15:00-15:50**

Special Lecture

16:00-16:45 **Dance to the Tune of Life:**

Biological Relativity and why it matters to Kampo medical research

Denis Noble, Physiology, Anatomy & Genetics, University of Oxford, United Kingdom

Farewell Address

16:45-17:00 **Farewell Addresses and Announcements**

18:00 *Bus Transfer to Dinner location*

18:30 ***Dinner at The Cherwell Boathouse***
Music by Franklin's Tower, Oxford

Optional Cultural Program:

- *Tour Christ Church College: Friday morning 10 a.m.*
- *Botanical Garden tour: Sunday morning 10 a.m.*
- *Tour Oxford including Bodleian Library: at request*

Poster Presentations:

Poster Session IA (Entrance Area): Friday, Sept. 22: 16:30 – 17:30

- P1:** **Use of Kampo medicines in modern health care: Analysis with “Yasui Classification”**
Yoshiharu Motoo¹, Hiromichi Yasui²; ¹Kanazawa Medical University/ Komatsu Sophia Hospital, Ishikawa, ²Japan Institute of TCM Research, Nagoya, Japan
- P2:** **Kampo in the primary care of a European country (Austria)**
Bernd Kostner, Leonard Kostner; Oriental Medical Practice, Vienna, Clinic for General medicine, Höflein, Austria
- P3:** **Pharmacovigilance study of Kampo formula-induced pseudoaldosteronism using a Japanese self-reporting database**
Kazushi Uneda¹, A Kaneko, T Kayo, S Akiba, M Suzuki, T Mitsuma; ¹Department of Kampo Medicine, Aizu Medical Center, Fukushima Medical University, Aizuwakamatsu, Japan
- P4:** **Model of muscle cramp and its reversal by Kampo Medication**
Denis Noble, Physiology, Anatomy & Genetics, Oxford University, UK
- P5:** **Phytotherapy in bacterial infection: Antibacterial and immunomodulatory effects of the Kampo formulation *Hainosankyuto* (HSK)**
Corinna Duck¹, K Kuchta, S Cameron, E Bergmeier, R Nau, H Rausch, J Seele; ¹Institute for Neuropathology, University Medicine Göttingen (UMG), Germany
- P6:** **Fluid retention is strongly associated with multiple chemical sensitivity (MCS)**
Minoru Ohsawa¹, S Takayama, A Kikuchi, R Arita, N Saito, M Shimizu, and T Ishii; ¹Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

Poster Session IB (Blue Room): Friday, Sept. 22: 16:30 – 17:30

- P7:** **A case of successful treatment of COVID-19 pneumonia in an elderly patient with the herbal medicine *saikanto***
Takeshi Utsunomiya¹, D Yamaoka, Y Terano, S Hyodo, Y Matsumoto, T Asakawa, N Kuromitsu, K Sogabe, S Inaba, Y Mizumoto, E Ishii, Y Takada; ¹Department of Gastroenterological Surgery, Ehime Prefectural Central Hospital, Ehime, Japan
- P8:** **A case of retained placenta with good outcome after adding *Hochuekkito* to *Keishibukuryogan***
Kenta Yamamoto¹, A Shiota, K Kananishi; ¹Department of Perinatology and Gynecology, Faculty of Medicine, Kagawa University, Takamatsu, Japan
- P9:** **A female patient who had been taking analgesics for a long time successfully stopped taking painkillers after treatment with *Keishikajutsubuto* for one week. A Case Report.**
Yukiko Mori, T Hoshino, T Hanawa; Kitasato University, Oriental Medicine Therapy Center, Tokyo, Matsumoto Reproductive Office, Tokyo, Japan
- P10:** **Hyperhidrosis in a Diabetic Patient dramatically improved with Decoction instead of Herbal Extract: A Case Report**
Takuya Masuda; Division of General Internal Medicine & Rheumatology, Mitsui Memorial Hospital, Tokyo, Department of Traditional Medicine, Toho University, Tokyo Japan
- P11:** **A relationship between cold hypersensitivity and genetic polymorphism: an exploratory observational study**
Xuefeng Wu, T Yoshino, A Maeda-Minami, S Ishida, M Tanaka, A Nishi, R Inami, Y Tahara, A Sugiyama, Y Horiba, K Watanabe, M Mimura; Center for Kampo Medicine, Keio University School of Medicine, Tokyo, Japan

- P12:** **Should *Kakkonto* be taken with porridge?**
Takanori Matsuoka, I Abe, K Nagatsuka, K Okumura; Public Interest Incorporated Foundation Kenikai, Kochi Central Clinic, Department of Traditional Medicine, Toho University, Tokyo, Japan

Poster Session IIA (*Entrance Area*): **Saturday, Sept. 23: 15:00–15:50**

- P13:** **Japanese Clinical pearls concerning *Goshakusan***
Masao Ogawa¹, H Itakura, K Ogawa-Ochiai; ¹Department of Anesthesiology & Intensive Care Medicine, Kanazawa University, Japan
- P14:** **Exploratory study of clinical effectiveness and safety of Kampo medicine, *bukuryoin-go-hangekobokuto* (TJ-116) for anxiety and postoperative water brash in patients with esophageal cancer**
Tadashi Ishii, R Arita, S Takayama, H Okamoto, K Koseki, Y Taniyama, S Kaneko, R Ono, S Suzuki, T Kamei; Dep. of Kampo Medicine, Tohoku Univ. School of Medicine, Sendai, Japan
- P15:** **Accuracy of *Kuketsu* (traditional key of treatment) of *Boiogito***
Mitsuyuki Takamura; Center for Kampo Medicine of Mie University Hospital, Mie, Japan
- P16:** **Comparison of sitting and supine positions on tongue color as measured by Tongue Image Analyzing System**
Aya Murakami¹, A Morita, Y Watanabe, T Nakaguchi, S Ochi, T Namiki; ¹Center for Pharmaceutical Education, Yokohama University of Pharmacy, Yokohama, Japan
- P17:** **Challenges of devices used in diagnosis of Kampo Medicine outside Japan**
Kazusei Akiyama¹; T Namiki; T Nakaguchi; ¹Consultório Kazusei Akiyama, São Paulo, Brazil

Poster Session IIB (*Blue Room*): **Saturday, Sept. 23: 15:00–15:50**

- P18:** **A demonstration of *Fukushin Kata* 腹診型– A new proposal for the technique and sequencing of the Edo abdominal exam in Kampo**
Nigel Dawes, New York Kampo Institute; Dept. Special Studies in Symptom Management, New York University, USA
- P19:** **Exploring the Poetry of Kampo**
Shaun Sutton; Clinic for Traditional East Asian Medicine, Baden-Baden, Germany
- P20:** **Acupuncture alone and combination therapy with acupuncture and Kampo formulas are effective for the management of leg edema**
Toshihito Tsubo¹, M Tanno, T Mitsuma; ¹Department of Kampo Medicine, Aomori Jikeikai Hospital, Aomori, Japan
- P21:** **A Study of *Shoni-hari* (*Shonishin*) Treatment for Children with Developmental Disabilities**
Rie Nishimura¹, S Kamiichi, E Inoue, T Osaki; ¹Society for Study of Shonihari, Hyogo College of Medicine, Nishinomiya, Japan
- P22:** **Effect of Kampo and Moxibustion on dysuria post BCG infusion therapy in Bladder Cancer**
Yuko Matsumoto¹, D Yamaoka; ¹Good Life Hospital, Department of Urology, Hiroshima, Japan