

International Congress for Complementary Medicine Research (ICCMR 2010)

Preconference Workshop G: Kampo Medicine

May 18, 2010 Tromso, Norway

Workshop Program

Japanese Kampo Medicine from an International Perspective: Challenges of Research and Clinical Practice

Workshop organization: H. Reissenweber, Munich, Germany

Session A: 10.00 to 11.45 a.m.

10.00-10.10: Introduction: Welcome, workshop goals and organization
H. Reissenweber, Munich, Germany

10.10-10.25: The special features of Japanese Kampo medicine
K. Watanabe, Tokyo, Japan

Aspects of preclinical and clinical pharmacological research:

Chair: S. Cameron, K. Watanabe

10.25-10.40: Maintaining the redox-balance intact: Treatment with *Gosha-jinki-gan* prevents oxidative stress reactions and induces soluble guanylate cyclase activation in rat diabetic retinopathy
S. Cameron, Goettingen, Germany

10.40-10.55: Effects of Japanese Kampo medicines on histopathological findings in diabetic animal models
T. Sakiyama, Kawasaki, Japan

10.55-11.10: Efficacy of *Hange-koboku-to* on patients with functional dyspepsia with special reference to gastrointestinal function
T. Oikawa, Tokyo, Japan

11.10-11.45: Panel discussion Session A

Lunch break

Session B: 13.00-14.45 p.m.

Current evidence on clinical research and its methodology:

Chair: C. Witt, T. Sasaki

13.00-13.15: A reflection on the place of a Kampo practitioner in an action research project team – the Westminster University Menopause study
A. Bradford, London, United Kingdom

13.15-13.30: Efficacy of ethical Japanese Kampo extracts on influenza infection
T. Ishikawa, Tokyo, Japan

13.30-13.45: Comparison of *Rikkunshi-to* and *Koso-san* for patients with functional dyspepsia and irritable bowel syndrome
H. Reissenweber, Munich, Germany

13.45-14.00: Effectiveness of Kampo medicine in Western Countries: two case reports
U. Eberhard, Madrid, Spain

14.00-14.15: Evaluating the efficacy and effectiveness of Kampo – methodological considerations
C. Witt, Berlin, Germany

14.15-14.45: Panel discussion Session B

Coffee Break

Session C: 15.15-16.45 p.m.

International aspects of Kampo Medicine:

Chair: G. De Soriano, G. Plotnikoff

15.15-15.30: Japanese Kampo Medicine within the Health Care System of Japan: the role of the Japan Society for Oriental Medicine
T. Sakiyama for the Japan Society for Oriental Medicine, Tokyo, Japan

15.30-15.45: A patient-oriented evaluation system for Kampo Medicine by using a new medical interviewing system
K. Matsuura, Tokyo, Japan

15.45-16.00: Comparison of the educational systems for traditional medicine in Japan and China
P. Gao, Tokyo, Japan

16.00-16.15: Kampo: ours, or theirs? A model for disentangling Japanese Kampo Medicine from Traditional Chinese Medicine
G. De Soriano, Oxford, United Kingdom

16.15-16.45: Panel discussion Session C

17.00-18.00: General Meeting of the International Society for Japanese Kampo Medicine (ISJKM)

Introduction to the Workshop

Title: Japanese Kampo Medicine from an International Perspective: Challenges of Research and Clinical Practice

This first international workshop on Japanese Kampo Medicine will give us the opportunity to present and discuss the whole scope of this field, our research interests and topics. Originating in ancient Chinese medicine Kampo Medicine obtained unique features in Japan. As most complex traditional medical systems, Japanese Kampo Medicine today stands in the center of a conflict to preserve its traditional heritage on the one hand and to become an accepted and integrative part of modern medicine on the other hand. After introducing and defining the special features of Japanese Kampo medicine we will address in three sessions the following aspects of our field: 1. Aspects of preclinical and clinical pharmacological research, 2. Clinical research and research methodology in the field of Kampo Medicine and 3. International Aspects of Kampo Medicine. The workshop will include thirteen presentations and will give room for discussions at the end of each session. We brought together experienced researchers and clinicians from Japan and different Western countries in the field of Kampo Medicine. The goal of the workshop is to find out the core issues for future research and collaboration within an international context. The workshop will be followed by the General Meeting of the newly founded International Society for Japanese Kampo Medicine (ISJKM).

Workshop organizer:

H. Reissenweber, University of Munich, Germany

Presenters:

K. Watanabe, Keio University, Tokyo, Japan
S. Cameron, University of Goettingen, Germany
T. Sakiyama, St Marianna University, Kawasaki, Japan
T. Oikawa, Kitasato University, Tokyo, Japan
A. Bradford, Westminster University, London, United Kingdom
T. Ishikawa, Ishikawa Clinic, Tokyo, Japan
H. Reissenweber, University of Munich, Germany
U. Eberhard, Kampo Clinic, Madrid, Spain
C. Witt, Charité University of Berlin, Germany
T. Sakiyama, The Japan Society for Oriental Medicine, Tokyo, Japan
K. Matsuura, Keio University, Tokyo, Japan
P. Gao, Keio University, Tokyo, Japan
G. De Soriano, Oxford University, United Kingdom